

COOL YULE JINGLE JOG 6K/10K CHRISTMAS MORNING 2015

WOMEN'S 6K

1) Ali Valdrighi 22	30:33	20s	1st
2) June Montuori 61	34:00	60s	1st
3) Peuro Keys 28	34:53	20s	2nd
4) Linda Fraguglia 53	35:15	50s	1st
5) Teresa Peterson 52	35:26	50s	2nd
6) Margaret DelMore 59	38:43	50s	3rd
7) Shelby Weinberger 37	41:25	30s	1st
8) Linda Hall 72	44:27	70s	1st
9) Barbara Aragon 60	44:44	60s	2nd
10) Connie Wilson 67	46:07	60s	3rd
11) Heather Aroe 46	48:55	40s	1st
12) Claire Autry 19	51:00	17-19	1st
13) Shirley Gage 53	51:01	50s	4th
14) Betts Strah 82	51:51	80s	1st **
15) Regina Tochterman 47	55:05	40s	2nd
16) Crystal Cooper 46	56:29	40s	3rd
17) Lori Limbocker 51	56:49	50s	5th
18) Candace Rousselet 57	58:45	50s	6th
19) Nancy Contreras 59	59:35	50s	7th
20) Suzi Howe 69	62:31	60s	4th
21) Terri Rock 26	66:12	20s	3rd
22) Janice Kato 55	66:54	50s	8th

WOMEN'S 10K

1) Bev Anderson-Abbs 51	42:23	50s	1st ****
2) Michelle Jamieson 43	45:17	40s	1st
3) Suzanne Cordes 56	51:52	50s	2nd
4) Karen McQuen 36	52:15	30s	1st
5) Karyn Ryan 13	54:13	13-16	1st **
6) Elizabeth Del Sarto 26	56:01	20s	1st
7) Lily Chaput 54	56:14	50s	3rd
8) Diane Kato 60	57:07	60s	1st
9) Laura Downing 28	57:57	20s	2nd
10) Woman With No Name	58:40	?	?
11) Larisa Weinberger 25	60:49	20s	3rd
12) Michelle LaVigne 35	63:20	30s	2nd
13) Kari Losko 55	63:20	50s	4th
14) Vanessa Saavedro 38	65:04	30s	3rd
15) Richelle Rock 22	66:12	20s	4th
16) Eden Rock 55	66:12	50s	5th
17) Janet Hayes 59	69:14	50s	6th
18) Leila Clark 36	77:37	30s	4th
19) Hilma Valtatie 65	77:50	60s	2nd
20) Jeannette Hagen 61	77:50	60s	3rd
21) Heather Bracken 67	80:00	60s	4th
22) Ultralena Hansen 25	81:21	20s	5th
23) Susan Ballenger 61	89:07	60s	5th
24) Patrice Fuller 29	94:19	20s	6th

MEN'S 6K

1) Connor Ryan 15	21:48	13-16	1st **
2) Michael Fraguglia 23	26:30	20s	1st
3) Bob Barton 53	26:57	50s	1st
4) Buddy Janieson 37	30:13	30s	1st
5) Joe Peterson 23	30:43	20s	2nd
6) John Valdrighi 52	30:53	50s	2nd
7) Glenn Nishimoto 61	32:09	60s	1st
8) Bob Montuori 58	34:00	50s	3rd
9) Alex Caster 29	34:54	20s	3rd
10) Joel Tochterman 51	38:14	50s	4th
11) Glen Del Sarto 65	39:06	60s	2nd
12) Evan Autry 22	42:57	20s	4th
13) Frank Jamieson 68	45:49	60s	3rd
14) Dave Losco 62	55:27	60s	4th
15) Ron Hayes 45	56:20	40s	1st
16) Lawrence Cooper 60	56:29	60s	5th
17) Toivo Valtatie 64	60:12	60s	6th
18) John Gunton 62	60:17	60s	7th
19) Joe Contreras 69	59:34	60s	8th
20) Tim Fraguglia 53	60:49	50s	5th
21) Dan Fraguglia 25	60:49	20s	5th
22) Bill Howe 68	62:31	60s	9th
23) Pat Rock 58	66:12	50s	6th
24) Joe McCladdie 78	66:54	70s	1st
25) Thomas Dickson 60	66:54	60s	10th

MEN'S 10K

1) Lee McKinley 54	39:03	50s	1st **
2) Kurt Lua 56	41:42	50s	2nd
3) Alan Abbs 46	44:42	40s	1st
4) Steven Fraguglia 21	45:19	20s	1st
5) Billy Groth 13	47:42	13-16	1st
6) Joey Tajan 31	49:12	30s	1st
7) Rich Cordes 55	57:52	50s	3rd
8) Mike Turner 43	51:54	40s	2nd
9) Donal Ryan 45	54:33	40s	3rd
10) Jonnie Scarborough 59	54:43	50s	4th
11) Joseph Downing 31	54:55	30s	2nd
12) Bill Groth 51	60:06	50s	5th
13) Ken Campbell 64	62:10	60s	1st
14) Darryl Beardall 79	76:18	70a	1st
15) Whit Clark 35	77:37	30s	3rd
16) Larry White 71	78:16	70s	70s
17) Craig Altman 51	85:48	50s	6th
18) Jim Hopkins 66	86:49	60s	2nd

*** = new course record

** = new age group record

Until the 12th of Never, I'll still run there with you.

Cheers to the folks who keep coming back, year after year, to optimally prepare body and mind for Christmas Dinner.

As usual, this year's Cool Yule Jingle Jog was a Marxist-Leninist proletariat event: everyone ran the same courses, experienced the same weather, and got the same award, albeit in somewhat different sizes, proving that, as George Orwell wrote in ANIMAL FARM, "All animals are equal, but some are more equal than others." Our awards are always "rescue" poinsettias donated by Eisley Nursery in Auburn. They are the ones that did not sell, and were doomed to euthanization (recycling) after Christmas, when the heaters in the growing sheds are turned off. It's still quite a large donation, because they give us well over a hundred dollars worth of pots and soil. FOR NEXT YEAR: Be advised that when I lay out bags of Mandarins, they are for you to eat. We forgot them when packing up, and some non-runner got them all!