

CHRISTMAS MORNING 2025

COOL YULE JINGLE JOG

A Fundraiser for Trails and Trees

5K WALK/RUN—10K RUN

On the Bear River Canal Recreation Corridor

Where: Meadow Vista Park. Take Interstate 80 to the Meadow Vista exit; turn north (left if eastbound, right if westbound) onto Placer Hills Road. Go approximately 2.2 miles to left turn at gas station onto Meadow Vista Road. Go approximately 0.1 mile to left turn into park. Take a gander around for the registration table & waddle on up.

When: Dec 25th: registration: 9:50 AM; races start: 10:30 AM

Fee: \$40 until 10 days before race (Dec 15). \$45 thereafter.

Courses run together, except that a paved segment of the 5K shortcuts a long, mostly unpaved loop of the 10K. The 5K has 1 mile of trail on the scenic well-drained downhill berm of the Bear River Canal. The 10K has 3 1/2 miles of very scenic unpaved road and trail, through meadows and along the canal, alternating between one and the other side of the canal, with occasional mild muddy spots after rains. Both courses are gently rolling through the bucolic valleys and low wooded hills of Meadow Vista, with two steep 1/8th-mile uphill and a grass finish in the park. **WEATHER REPORT:** It has only rained twice on this race in 25 years.

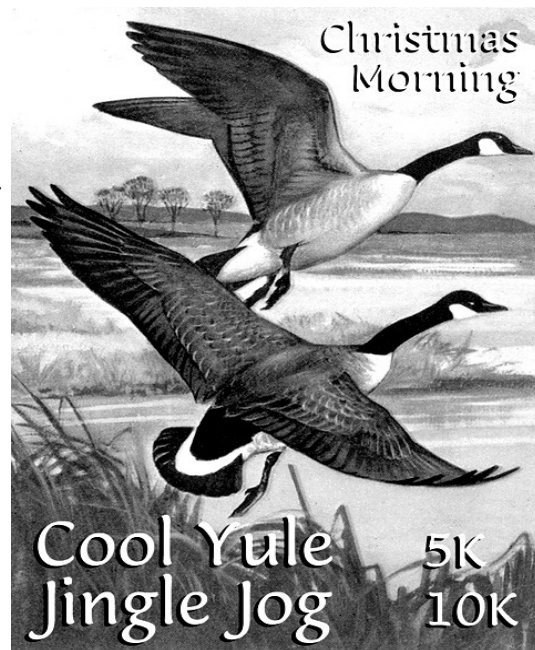
Rules: Start on time or shortly thereafter, follow marked courses, wearing bells on shoes encouraged. Only fast walkers may participate in the 10K. Please keep dogs in vehicles until all runners are gone. Dogs start in 5 min.

Awards: Blue/Red/Green/Purple long-sleeve T-shirts to all runners, featuring art print of Canada geese.

Large Living Bouquets from Eisley Nursery in Auburn & certificate to first man and woman, both races.

Small Living Bouquets from Eisley Nursery in Auburn & certificate to 1st place in all divisions.

One bottle of wine or sparkling juice to all participants, plus finish & time certificates.



Event Application— (circle all categories that apply) Gender: male or female. Race: 5K or 10K. Age Divisions: 12 & under....13-16....17-19....20-29....30-39....40-49....50-59....60-69....70-79....80+... Dog Adult Long-sleeve T-Shirt Size: S M L XL

Name Email.....

Age on Race day.....phone.....

AddressTown.....state.....zip.....

Make checks to **Gordy Ainsleigh Trails & Trees:** \$40 postmarked or delivered by 12/15, \$45 thereafter.

Mail to: Dr H Gordon Ainsleigh DC, 16520 Placer Hills Rd, Meadow Vista CA 95722 Questions: (530) 320-5117

Waiver of Liability: Intending to be legally bound, I hereby waive all legal rights I may have against any persons/organizations/governmental bodies and permissive landowners involved in this event, due to injury or damage or dissatisfaction resulting from this event in any way, including negligence. I attest that I am physically fit and have conditioned sufficiently to participate at the distance and speed I choose. Because there are so many unknowns involved in producing and participating in such an event, I specifically waive my rights to unknown claims. I authorize unlimited use of my photographic image for publicity & education. Pet handlers hereby accept full legal responsibility for all actions of their pets.

Signature: Date

(PARENT / GUARDIAN MUST SIGN IF ENTRANT IS UNDER 18 YEARS OF AGE)

ALL ENTRIES GET RACE DIRECTOR'S CHOICE OF WINE
FROM AUBURN GROCERY OUTLET