

COOL YULE JINGLE JOG 5K/10K CHRISTMAS MORNING 2024

WOMEN'S 5K

1) Julia Lind 26	28:15	1st 20s
2) Linda Tobia 59	30:50	1st 50s
3) Veronica Kessner 29	39:52	2nd 20s
4) Jennifer Arbitrario 52	45:39	2nd 50s
5) Liz Murphy 52	48:16	3rd 50s
6) Kamala Harris 50	48:18	4th 50s
7) Julia Harper 36	50:10	1st 30s
8) April Lico 37	51:33	2nd 30s
9) Cayla Powell McClintick	35:51:46	3rd 30s
10) Ginny Powell 68	51:48	1st 60s
11) Jasmin Fiandaca 49	53:29	1st 40s
12) Ruby Fiandaca 15	53:29	1st 13-16
13) Jeanette Hagan 70	55:19	1st 70s
14) Diane Hill 68	55:20	2nd 60s
15) Sandra McCoy 47	58:24	2ne 40s
16) Pamela Anderson 76	58:27	2nd 70s
17) Janet Pucci 76	62:59	3rd 70s
18) Barbara Bain 74	64:55	4th 70s
19) Heather Bracken 76	66:36	5th 70s
20) Susan Ballenger 70	66:38	6th 70s
21) Kathleen Bales 59	67:01	5th 50s
22) Caryl Daly 65	77:10	3rd 60s
23) Nanci Gabri 72	78:58	7th 70s

MEN'S 5K

1) Paul Lind 57	28:15	1st 50s
2) Mike Locati 73	33:32	1st 70s
3) Gordy Ainsleigh 77	38:48	2nd 70s*
4) Alexander Conheim 37	39:53	1st 30s
5) Tyler Murphy 32	48:12	2nd 30s
6) Marco Rubio 53	48:19	2nd 50s
7) Tom Harper 75	50:02	2nd 70s
8) Steve Lico 61	51:34	1st 60s
9) Brian Lewis 42	58:24	1st 40s
10) Matt Moore 42	58:53	2nd 40s
11) Raymond Santana 77	62:59	3rd 70s
12) Marvin Bain 72	64:59	4th 70s
13) Ken Bales 61	67:02	2ne 60s
14) John Daly 65	77:20	3rd 60s
15) Haywood Jabloume 81	79:00	1st 80s

MEN'S 10K

1) Cody Lind, 29	36:56	1st 20s
2) Jackson Yacullo 22	46:11	2nd 20s
3) Alan Abbs 55	49:49	1st 50s
4) Dash Fiandaca 14	52:08	1st 13-16
5) Andrew Gerhard 46	54:47	1st 40s
6) Merrick Slane 23	56:54	3rd 20s
7) Sam Fiandaca 52	57:09	2nd 50s
8) Michael Treichler 45	57:27	2nd 40s
9) Jim Hill 70	61:31	1st 70s
10) Steve Ettinger 55	66:11	3rd 50s
11) David Slane 62	70:32	1st 60s
12) Ted Thompson 55	77:00	4th 50s
13) Gordy Ainsleigh 77	79:54	2nd 70s*
14) Ken Campbell 73	85:30	2nd 70s

* Gordy's runs were time trials run later, and do not affect age-group or overall placing during the races.

WOMEN'S 10K

1) Beverley Anderson-Abbs 60	46:37	1st 60s
2) Rachael Chamacho 38	57:22	1st 30s
3) Sabrina Horat 54	61:37	1st 50s
4) Pam Grant 68	66:11	3rd 60s
5) Caryn Slane 56	71:38	2nd 50s
6) Jess Love 46	73:26	1st 40s
7) Alena Hanson 34	85:52	2nd 30s

CHRISTMAS MORNING IN MEADOW VISTA—SUCH A PERFECT DAY FOR A WALK OR RUN
Several days of rain prior to Christmas morning suggested a muddy trail, but there was no mud. The soil had absorbed the rain and was moist and firm. The one 10K creek was a mere rivulet, and barely required a change of stride. It was cool but not cold, and the sun came out warm as the race was drawing to a close.

The classic 5K course is now open again, thanks in part to your entry fees. Race director Gordy Ainsleigh expected Cody Lind and Emily Hawgood, both coached by Cody's father Paul Lind, to be back this year chasing the 5K records set by Michael Morgan and Jennifer Clothier in the first decade of this century. But the Lind Family had other plans: Emily was gone to Zimbabwe for Christmas, Cody's cousin Julia Lind could be expected to win the women's 5K. And if Cody would run the 10K instead of chasing the 5K record, Father Paul might be able to pull off a 5K win. And that's exactly the way it happened: the children and grandchildren of Dr Bob Lind pulled off winning three out of the four top spots available at this year's Cool Yule Jingle Jog.

It's the kind of stuff that happens when your race director invented and ran the first Western States 100 Mile Run in 1974. Dr Bob was there that day, and became the medical director of the Western States 100 for 26 years, and Gordy's dear friend. So the only winning slot not won by Dr Lind's progeny this year, the women's 10K, was won as usual by Beverly Anderson-Abbs, who just turned 60. In her early 40s Bev placed second three times in 2005-2007 during the 14-year Western States winning reign of the unbeatable Ann Trason.

The men's 70s age group in the 5K also had a lot of history echoes this year. Two years ago Meadow Vista's Kurt Barton and Colfax's Mike Locati were at the top of the last hill together, leading the whole race, when Mike proved he was the downhill master and zipped ahead to win the race. Last year Kurt trained harder than Mike and won the 70's by 3 minutes. So this year Mike trained REALLY hard, and knocked a massive 6 minutes off of his last year's time, ran 3 minutes faster than Kurt's time last year, and was only prevented from winning another 70s duel by lack of an opponent; a bicycle accident kept Kurt home. He says, "Next year!"

This year for the first time, one of our sponsors ran our race, and but for Cody Lind, would have won the men's 10K. That fleet-footed young man is Jackson Yacullo of Auburn's Grocery Outlet family, who provide many of the bottles of wine that go to every participant. On the opposite end of the wine price point is Auburn's Lone Buffalo Winery, which provided 4 of their premium cabs and zins and Syrahs to the 4 champions. And, continuing a tradition established by the Eisley nursery family 20 years ago, Green Acres provided big poinsettias for the winners, joggers and walkers. And last, when the huffing and puffing was all over, there were the best of organic mandarin oranges to be enjoyed from Jesus Martinez's Ophir orchard (916-872-3515).

Some remarkable age-defying performances deserve mention. Linda Tobia, 59, came within 2 minutes and 35 seconds of 26-year-old Julia Lind's winning 5K time. There were 7 women in their 70s who completed the 5K. And our oldest finisher was Haywood Jabloume at 81. Good going, Haywood! You give us hope.