

## COOL YULE JINGLE JOG 5K/10K CHRISTMAS MORNING 2025

### WOMEN'S 5K

1) Kathy Root 68	41:55	1st 60s
2) Alena Hanson 35	54:06	1st 30s
3) Janet Pucci 77	57:01	1st 70s
4) Pam Anderson 77	62:28	2nd 70s
5) Sandra McCoy 48	62:28	1st 40s
6) Nanci Gabri 73	117:55	3rd 70s

### WOMEN'S 10K

1) Bev Anderson-Abbs 61	48:32	1st 60s
2) Virginia Tali 46	49:54	1st 40s
3) Lianne Viggio 35	53:16	1st 30s
4) Annie Drinkwater 42	60:52	2nd 40s
5) Kristin Kaminski 44	66:31	3rd 40s
6) Anne Williams 41	66:31	4th 40s
7) Lynette Kaminski 67	71:34	2nd 60s
8) Anna Tortosa 47	72:00	5th 40s
9) Diane Kato 70	124:15	1st 70s

\* Gordy's runs were time trials run early, and do not affect age-group placing during the races.

### MEN'S 5K

1) Jackson Yacullo 23	22:53	1st 20s
2) Paul Lind 58	28:43	1st 50s
3) Andrew Drysdale 21	30:03	2nd 20s
4) Mike Locati 74	33:13	1st 70s
5) Kurt Barton 75	33:39	2nd 70s
6) Gordy Ainsleigh 78	43:32	3rd 70s*
7) Alejandro Dittel 65	48:41	1st 60s
8) Raymond Santana 79	57:01	3rd 70s
9) Brian Lewis 48	62:28	1st 40s
10) Aubren Shriver 12	62:28	1st 3-12
11) Haywood Jablowme 82	117:54	1st 80s

### MEN'S 10K

1) Cody Lind 30	35:20	1st 30s
2) Alan Abbs 56	49:55	1st 50s
3) Martin Tali 53	59:56	2nd 50s
4) Andrew Gerhard 47	60:52	1st 40s
5) Ken Kaminski 69	70:44	1st 60s
6) Gordy Ainsleigh 78	80:10	1st 70s*
7) Anthony Gill 57	119.01	3rd 50s

What a night Christmas Eve was in Meadow Vista!: torrents of rain with staccato gales lashing through trees and tearing tarps off woodpiles, sinister weather forecasters foretelling ominous destiny for anyone going outside in the morn. Many did believe, and this year's Cool Yule Jingle Jog (CYJJ) echoed Henry V at the Battle of Agincourt: "We few. We happy few. We band of brothers" and the 45% brave and bold sisters. Our Happy Few numbered a Christmas-appropriate 33, the number of years that Christ spent on this Earth.

Even bolder and braver were the volunteers, our "Band of Siblings" that show up every year to bring the Cool Yule Jingle Jog (CYJJ) to Meadow Vista on Christmas morning. Gordy bicycle-marked the trail sections of both races with color-coded surveyor tape on Christmas Eve afternoon, and the street sections in the dark before dawn when the roads were empty. Howard Loveless and his brother John from LA hauled to the Park boxes of shirts from Dancing Dog, wine from Grocery Outlet, three small poinsettias from Green Acres, a pop-up shelter, signup/recording material, and chairs; and then they timed the race. When Gordy arrived at 9:15 with metal posts, long folding tables borrowed from Sierra Pacific Real Estate, and a pop-up shelter, Bill and Teresa Peterson, garbed in full-length all-weather suits, already had their pop-up deployed and wind-stabilized, so they started on Gordy's pop-up. William Wauters and his pal Orv Fry set out their sandwich-board warning signs and orange cones that made our road crossings safe, and thereafter, along with Gordy and Bill Peterson, became runner-safety crossing guards. Paula Ainsleigh, Teresa Peterson and Katrina Thompson did entry sign-up and managed the finish line. Katrina also filled in wherever gaps were created by two absent members of our team, Richard and Rochelle, who were housebound with China's latest killer virus. Then everyone helped pack up everything back to the Ainsleigh home, where Paula's salmon-centered Christmas dinner awaited all volunteers who didn't have family commitments. These are the wonderful people, with their dedication to trails and trees and the health & happiness of others, who make the CYJJ possible each year.

At about 10:00 in the stormy morning, a CYJJ veteran came up, handed Gordy her entry and check, saying, "This is crazy! I'm leaving. I can't run in this weather! Keep the check as a donation." Gordy suggested she wait a bit, because the sun warms the clouds, and rain often abates around 10:15 or 10:30. She was driving home when the rain stopped. She turned around, returned, asked for her entry back, and had a fabulous 6 miles, with only one 3-minute rain shower about 10 minutes after the start, with blue sky peeking through 20 minutes thereafter. She passed by where Gordy was crossing-guarding, 3/8 mile from the finish, and said, "Who would have believed we'd have a great day like this after that awful night and morning!" As he told her, this race is deliberately scheduled for when the clouds are most-quickly warming, and hold onto their water.

Poor Cody Lind!! He never got to run under blue sky! He was just too fast; finishing too early! Cody broke every CYJJ 10K record but his own, set 2 years ago. Cody, 30, pulled out almost 15 minutes on Alan Abbs, 56, who actually ran a pace that has gotten him the win in years previous to Cody. Meanwhile, Alan's wife Beverley, 61, continues winning by taking Dylan Thomas' advice to not go quietly: just disregard that "council of the years" stuff! Another successful age denier was Kathy Root, 68, who ran away with the 5K. And, with the very speedy 5K win by Jackson Yacullo, who handles the wine room at Auburn's Grocery Outlet, we had our first victory by a major Cool Yule sponsor.

Awards were a tad muted this year. Green Acres sold out of all but 3 small poinsettias, one of which disincorporated in transit and another that was an unwanted yellow. So Gordy selected young potted plants—a cedar, Douglas fir, giant sequoia, 2 red cabbages—from his yard to make up the difference. And, due to a communication failure, the presentation wines from Lone Buffalo winery didn't make it from the Ainsleigh home to the race. Post-race awarding is being arranged. Nevertheless, the Cool Yule "bottle of wine" promise for every participant was made good, and everyone left with a bottle of Gordy-selected wine from Auburn's Grocery Outlet: athletes doing their part to prevent Parkinson's, diabetes and heart disease with wine & exercise.